

When submitting an application by email, include **JOB CODE** in the subject line.

JOB CODE	R3-MFC-2017
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JOB POSTING			
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JOB TITLE	Health and Wellness Trainer		
REPORTS TO	Supervisor, Health & Wellness	LOCATION	Hamilton
DIVISION	Health and Wellness Programs	HOURS OF WORK	Casual/Part Time (0-15 HRS) Various shifts: day/afternoon/evening/weekend (No guaranteed hours)
POSTING DATE	JANUARY 2017	START DATE	ON-GOING

POSITION DESCRIPTION			
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YWCA Hamilton is dedicated to strengthening women’s and girl’s voices, broadening their choices, building dynamic leadership and providing essential services that promote safe, inclusive and equitable communities.

We offer a stimulating and challenging environment that values the diversity of individuals and ideas.



- Opportunity for professional development and growth
- Staff Fitness and Aquatic membership
- Staff discounts for childcare and recreation

KEY FUNCTIONS:
To deliver high quality fitness/wellness programs that reflect the needs of the members, participants, and community, while working in a team environment and upholding the YWCA’s vision, mission, and values.

QUALIFICATIONS			
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- Must have current certification: Ontario Fitness Council (OFC) Group Fitness Leadership Certification / Certified Professional Trainers Network (CPTN) certification, or equivalent
- Specialized Group Fitness Certifications may include but are not limited to: Pilates, Zumba and/or Yoga
- Minimum 3-5 years of experience as group fitness leader, able to teach a variety of classes that may include but are not limited to: Aerobics, Step, Strength Training, Cycle, Kickboxing, Heart Beat, Bones Plus, Zumba and/or Aqua Fitness
- Demonstrates commitment to health and wellness
- Must be able to work in a team environment and independently
- Must have excellent verbal and written communication skills
- Must be able to work various shifts of days, afternoons, evenings and weekends
- Proficiency with MS Office Applications including but not limited to Word, Excel and Outlook
- Working from a feminist, anti-oppressive / anti-racist framework
- Bilingual English / French or other languages an asset
- Must have current Emergency First Aid or willingness to obtain at own cost
- Must provide a current Vulnerable Sector Police Check or willingness to obtain at own cost

Please submit resume and covering letter by e-mail, mail or fax, to YWCA Hamilton.

CLOSING DATE:	ON-GOING	
		75 MacNab Street South, Hamilton, ON L8P 3C1 Fax: 905-522-1870 Attention: Human Resources
jobs@ywcahamilton.org		

As part of YWCA Hamilton’s commitment to Access and Equity, we strive to represent the diverse communities that we serve. Individuals who are First Nations, Métis, immigrant, refugee, lesbian, gay, bisexual, or transgender; and individuals with disAbilities and from racialized communities are encouraged to apply.

Attention Applicants:
Thank you for your interest in YWCA Hamilton, however, only candidates selected for an interview will be contacted. Please inform us of accommodation requests during interview booking.

