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MONTHLY UPDATE

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Come join us for a free
**English Conversation Circle
for Newcomers**

- Learn basic day-to-day English terminology
- Practice your everyday communication skills
- Learn more about Canadian culture
- Meet new people

July 12 – August 30 | Wednesdays
3:30 p.m. – 4:30 p.m.

At the Table Café
YWCA All Level Café
77 MacLure St., 3rd fl., Hamilton

For more information:
call Lurina at:
905-527-5877 x 150

YWCAHAMILTON.ORG



[Click to enlarge](#)



*Ilana and Mirela, scientists for the day
with the STEM Girls Club*



*Victoria paddles the waters at BDC
Toronto at their Canada 150 Celebration*

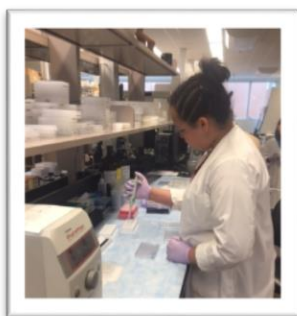


*Mimi and Nimmi from Front Desk, show
their support at Walk A Mile*



STEM Girls Club goes on summer break

by Ilana Alice, S.T.E.M. Girls Program Coordinator



The summer is here and the STEM Girls Club is officially on break! We were incredibly busy over the month of June with fieldtrips to [McMaster's Institute for Infectious Disease Research](#), followed by a week of special focus on Alectra Utilities and a fieldtrip to the Alectra Hamilton headquarters. We ended our term with our [first official STEM Fair](#), and a celebration with the parents and community partners who have made this first term such a success. Without the support of Hamilton Community Foundation, STEM Girls Club would not have been possible.

Now the girls are off to enjoy the summer! A few of our girls have been awarded special scholarships to attend the McMaster Venture Science and Engineering Camp, and we are looking forward to hearing about their experiences in September when we reconvene!

The next year of STEM Girls Club will begin on September 12th, 2017, and all of the girls from the first year will be invited to continue on in the program. We will also be accepting applications for a few remaining spots from other girls going into Grade 7 who are interested in Science, Technology, Engineering and Math. Please get in touch if you or someone you know is interested.



MORE INFORMATION

CONTACT
Ilana Alice
iallice@ywcHamilton.org
(905)522-9922 x 176

Hot Summer forecasted for YWCA Business Programs

by Victoria Bularda, Business Coach

Since January, **Micro-lending** has had 81 inquires, with 34 participants attending our weekly Info Sessions. Twenty-seven (27) of these inquiries are people who enrolled in the program and are working on developing their businesses. The **Women's Entrepreneurship (W.E.)** Program is training the 5th group and will be pairing participants with their Mentors on July 21st. W.E. Group # 6 will begin training on **August 7th, 2017**.

Testimonials:

"Being able to schedule one-on-one sessions fit well into my busy schedule and allowed me to focus on the area I needed."
- ML participant Feb- April 2017

"The Business Coach was more than useful; she opened new pathways in personal and professional development."
- ML participant Feb- April 2017

After a year and a half since graduating from the WE program, [Essential Oil Lovers](#) is preparing to open their retail location in August! Click here for a tour: <https://youtu.be/FhQsk8jOZPs>
Congrats to Blain Daniel, W.E. 2016 graduate

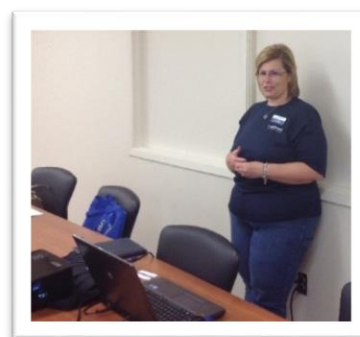
This month's Information Sessions: July 20th, July 27th at 9:30 am

Congratulations to Hannah Kedini, W.E. group 5!
Hannah and her company [Nilo Life](#) are finalists for the [Women Entrepreneurs – 2017 Quick Pitch Contest](#)

TO REGISTER

CONTACT
Victoria Bularda
vbularda@ywcHamilton.org
(905)522-9922 x 313

Guest Speaker Kudos Thank you Lori!



Our business programs continue to remain free to the public because of professionals, experts, and small business owners who volunteer their time to present training sessions at no charge to budding entrepreneurs. This month we would like to thank [Lori Elgin](#), Member Experience Manager from First Ontario Credit Union who presented Personal Financial Literacy for the Women's Entrepreneurship participants.

WIT – Circle of Strong Women!

by Mimi John, Career Development Specialist



That's what this year's Women in I.T. (WIT) group has named themselves and they truly are! The WIT program is for women who face barriers to employment in the I.T. field and it is clear with this group that each of these women have made a strong commitment to the program and a brighter future for themselves and their families. With 24 spots filled, we are at full capacity. Participants have gone through one week of workshops in motivation, team building and job search techniques at the YWCA. Special thanks to our guest speakers; Minoos Moslehi from Wesley Urban Ministries, Mirela Marceta from 1st Biz Program and Rana Aldibs from Women Alive at the YWCA.

At Mohawk College, the WIT participants began their first week with some warm up exercises in computer basics before wading knee deep into Web Design Basics and Photoshop. There is a sense of real team work and class unity as can be seen on Thursday lab days where the group is able to spend the day working on assignments and practicing what they have learned during the week.

CONTACT WIT

Mimi John
mjohn@ywcahamilton.org
 (905)522-9922 x 142



Pictured: Participants from our Environmental Occupations stream enjoy networking at the 'Environmentalism of the Year' Awards dinner.

Calling all youth seeking employment and Hamilton employers

YWCA Hamilton is recruiting participants and employers for our SISTER (Success in Service Training and Employment Retention) Program! The SISTER Program is a youth employment program involving four weeks of paid training and 12 weeks of paid placement in the service sector.

To be eligible for the program, you must be:

- A woman between the ages of 15 and 30 at the time of intake
- Not in receipt of Employment Insurance (EI) benefits
- Legally entitled to work in Canada and Ontario
- A Canadian citizen, permanent resident, or person who has been granted refugee status in Canada under the Immigration and Refugee Protection Act
- In need of assistance in order to overcome employment barriers

New groups are starting every seven weeks until 2019!

FOR MORE INFORMATION

Eligible youth and/or employers interested in hosting a placement participant with a wage subsidy offer from YWCA Hamilton are invited to contact:

Sabrina Douglas
sdouglas@ywcahamilton.org
 (905)522-9922 x 175

Erzsebet Gatfalvi
egatfalvi@ywcahamilton.org
 (905)522-9922 x 147

Bridging to Employment for Internationally Educated Professionals

And we're off!

by Uzma Qureshi, Career Development Specialist

Summer has begun and so have our summer courses. Participants are engaged in a Communications course and Environmental Legislation course. If you are interested in either course, please contact us!

On June 15, 2017, our Environmental Stream participants were fortunate to attend Environment Hamilton's 'Environmentalism of the Year' Awards. Thank you to Environment Hamilton for welcoming and recognizing the participants of the Bridging program. With supportive organizations like EH, we are sure to make Hamilton an inclusive and welcoming city for all.

BRIDGING REGISTRATION

Uzma Qureshi
uqureshi@ywcahamilton.org
 (905)522-9922 x 150



Niagara, here we come!

by Mirela Marceta, Business Coach

Starting in September, 1stBiz will be hosting its first business planning program at YWCA St. Catharines. Training programs will happen twice per week for 10 weeks and are open to anyone in the Golden Horseshoe available to commit to attending all of these training sessions in St. Catharines.

SAVE THE DATE – October 19 2017: 6–8PM

Group 1 and Group 2 of Hamilton's 1stBiz program are set to graduate on Thursday, October 19. There will be a community **tradeshow** where all of the businesses will be promoting their products/services. It is free to attend for members of the community and there will be prizes and giveaways!

JOIN OUR MAILING LIST AND STAY UPDATED ON THE NEXT INTAKE

Mirela Marceta
1stBiz Business Coach
mmarceta@ywcahamilton.org
(905)522-9922 x 152



BASICS.fst Food Safety Training certification
Learn about many food safety topics including foodborne illness, potentially hazardous foods, the temperature danger zone, food safety regulations, and how to properly cook, cool, thaw and hold food.

Date: Friday, July 21 from 9:00AM to 3:30PM.
Cost: \$33.90 (tax included)
Location: Resource Centre
RSVP before: Friday, July 7, 2017 to sdouglas@ywcahamilton.org or (905)522-9922 x 175

Smart Serve Training
The Smart Serve Responsible Alcohol Beverage Service Training Program is approved by the Alcohol and Gaming Commission of Ontario (AGCO) as a server training program for the Ontario hospitality industry. **Held the last Thursday of every month.**

Next Training Date: Thursday, July 27. 9:30AM to 3:30PM
Cost: \$33.90 (tax included)
Location: Training Room A
RSVP before: Friday, July 17 to mmarceta@ywcahamilton.org or (905)522-9922 x 152

Learn & Network Event
Topic: 'E-commerce Panel'

Join us for an evening of stimulating conversation of the ups and downs of e-commerce. Free to attend.

Date: Tuesday, July 25 – 5:30PM to 7:30PM
Panelists: The Wild and Cakeworthy. More to follow!

Employment Services Calendar
Monday - Friday from 8:30am - 4:30pm
75 MacNab Street South | Phone: 905-522-9922 ext. 141

July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 Resource Centre OPEN 8:30 AM – 4:30 PM	4 Resource Centre OPEN 8:30 AM – 4:30 PM	5 Resource Centre OPEN 8:30 am – 4:30 pm	6 Resource Centre OPEN 8:30 AM – 4:30 PM	7 Resource Centre OPEN 8:30 AM – 4:30 PM
10 Resource Centre OPEN 8:30 AM – 4:30 PM	11 Resource Centre CLOSED 8:30 AM – 4:30 PM SISTER	12 Resource Centre OPEN 8:30 am – 4:30 pm	13 Resource Centre OPEN 8:30 AM – 4:30 PM	14 Resource Centre OPEN 8:30 AM – 4:30 PM
17 Resource Centre OPEN 8:30 AM – 4:30 PM	18 Resource Centre OPEN 8:30 am – 4:30 pm	19 Resource Centre OPEN 8:30 AM - 4:30 PM	20 Resource Centre CLOSED Business Programs 9:30 AM – 11:30 AM	21 Resource Centre CLOSED 8:30 AM – 3:30 PM Safe Food Handlers
24 Resource Centre CLOSED 12:30 – 3:30 pm SISTER	25 Resource Centre OPEN 8:30 am – 4:30 pm	26 Resource Centre CLOSED 9:00 AM – 3:30 PM SISTER	27 Resource Centre CLOSED Business Programs 9:30 AM – 11:30 AM	28 Resource Centre CLOSED 10:30 AM – 3:30 PM SISTER
31 Resource Centre OPEN 8:30 AM – 4:30 pm				

To book an appointment please contact Karolina Portillo at 905-522-9922 ext. 141 or email kportillo@ywcahamilton.org

