



YWCA Active Kids SR Summer Camp Week 1



CAMP HOURS

Monday–Friday
9:00am–4:00pm

Extended Care
7:30am–9:00am
4:00pm–5:45pm

SUPERVISOR

Lisa Hodge
lhodge@ywcahamilton.org
905-522-9922
ext. 133

Stay Connected:



www.ywcahamilton.org

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children's interests.				
9:00 – 10:00am	Ice Breaker: Toilet Paper Pass	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Science Experiment: Elephant Toothpaste	Creative Art: Spray Bottle Art	Outdoor play Durand Park
10:00– 11:00am	Creating our team name		Set up Obstacle Course	Splash Pad Fun at Central Park	
11:00– 12:00pm	Creative Art: Tin Foil Art		Concentration Ball at Central School		
12:00– 12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:30– 1:00pm	Group Game: Dodgeball	Group Game: Octopus Tag	Obstacle course rac- es	Group Game: Soccer Baseball	Group Game: Spiders and Flies Tag
1:00– 2:00pm	Outdoor play at Whitehern	Lego Challenge		Creative Art: Rock Painting	Creative Cooking: Goldfish Trail Mix
2:00– 3:00pm	Swimming	Group game Hunter and Guard	Swimming	Making camp bracelets	Swimming
3:00– 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children's interests.				



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YWCA Active Kids SR Summer Camp Week 2



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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00 – 10:00am	Creative Science: Shadow Puppets	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Trip to Tree Top Trekking!! Please come Prepared with a lunch, swim attire sunscreen and extra water <u>We will be leaving promptly at 9am</u>	Creative Art: Fire flies	Creative Art: Mosaic Art
10:00 – 11:00am	Outdoor Creative Art Experience: Shadow painting at Whitehern			Fun Trivia	Creative Science: Skittles experiment
11:00 – 12:00pm				Outdoor Play at Durand Park	Trip to Whitehern: Soccer
12:00–12:30pm	Lunch	Lunch		Lunch	Lunch
12:30 – 1:00pm	Group Game: Where do you Stand?	Group Game: Candy ice breaker		Group Game: Prison Ball	Group Game: Cat catching mouse
1:00 – 2:00pm	Trip to Central School Soccer-baseball	Creative Science: Rainbow Paper		Science & Heat Experiments	Creative Cooking: Making Lemonade
2:00– 3:00pm	Swimming	Silly Songs	Swimming	Swimming	
3:00 – 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				

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YWCA Active Kids SR Summer Camp Week 3



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Extended Care
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4:00pm–5:45pm

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00–10:00am	Creative Cooking: Strawberry Yogurt Bark	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Science Experiment: Dyed Flowers	Trip to African Lion Safari!! Please come prepared with a lunch, swimming attire and extra sunscreen. <u>We will be leaving promptly at 9:00</u>	Creative Art: Marshmallow Edible Paint
10:00–11:00am	Group Game: Great wind Blows		Group Game Name Chase		Fun Trivia
11:00– 12:00pm	Science Experiment: Tornado in a Bottle		Creative Art: Free Flow		Science Experiment: Coke and Mentos collision
12:00– 12:30pm	Lunch	Lunch	Lunch		Lunch
12:30– 1:00pm	Group Game: Call My Bluff	Group Game: Capture the Flag	Group Game Jump Rope Race		Group Game: Mini Stick Hockey
1:00–2:00pm	Science Experiment: Slime	Creative Art: Slime Sun catchers	Creative Cooking: Banana Caterpillars	Science: Unpoppable Bubbles	
2:00–3:00pm	Swimming	Creative Science: Instant Ice	Swimming	Swimming	
3:00 – 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				



YWCA Active Kids SR Summer Camp Week 4



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Extended Care
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4:00pm–5:45pm

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00 – 10:00am	Creative Art: Sketch Dyed flower experiment	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Group Game: European Handball	Trip to Wild Water Works!! Please come prepared with a lunch, swimming attire and extra sunscreen. <u>We will be leaving promptly at 9:00</u>	Creative Cooking: Carrot, Mango and Raspberry Popsicles
10:00 – 11:00am	Group Game: Silent Ball		Outdoor play at Central School Playground		Outdoor play at Durand Park
11:00 – 12:00pm	Creative Science: Shaving Cream Rain Clouds		Fun Trivia		Lunch
12:00– 12:30pm	Lunch	Lunch	Lunch		
12:30– 1:00pm	Group Game: Freeze Tag	Group Game: Two truths and a lie	Group Challenge: What am I?		Group Game: Wipe that Smile off your Face
1:00– 2:00pm	Group Game: The Splash Game at Whitehern	Scribble Art Project	Creative Cooking: Fruity Pebbles Parfait	Creative Art: scrape Painting	
2:00– 3:00pm	Swimming	Science Experiment: Bouncy Eggs	Swimming	Swimming	
3:00 – 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				

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YWCA Active Kids SR Summer Camp Week 5



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4:00pm–5:45pm

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00 – 10:00am	Creative Art: Firework Art	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Outdoor play at Durand	Outdoor Games at H.A.A.A Park	Bridge Building Competition
10:00 – 11:00am	Group Game: I like to... Memory Game.				Creative Art: Squirt Gun Painting
11:00 – 12:00pm	Relay Races at Whitehern		Group Game of Red Light Green Light		Group Game: Never Have I Ever
12:00– 12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:30– 1:00pm	Group Challenge of Alien Invasion	Group Game: Speed Pass	Playing With Our Bouncy Balls	Group game Traffic Jam	Group Game: Tell me something
1:00– 2:00pm	Creative Cooking: Worms & Dirt	Creative Art:: Bubble Art	Creative Art: Make Dream Catcher	Straw weaving	Creative Science: Fizzing Bath Dough
2:00– 3:00pm	Swimming	Science Experiment: Making Bouncy Balls	Swimming	Creative Art: Perler bead creations	Swimming
3:00 – 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				

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YWCA Active Kids SR Summer Camp Week 6



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Extended Care
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4:00pm–5:45pm

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00 – 10:00am	Civic Holiday – Camp is closed	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Creative Art: No Sew Zippered Duck Tape Pouch	Trip to Bissells!!! Please come prepared with a lunch, and swim attire. <u>We will be leaving promptly at 9:00</u>	Creative Art: Sidewalk Chalk Paint
10:00– 11:00am			Group Game: Knights Horses & Cavaliers		Outdoor Water Play at Whitehern
11:00– 12:00pm			Science: Bouncy Eggs		Lunch
12:00– 12:30pm		Lunch	Lunch		
12:30– 1:00pm		Freeze Dance	Group Game: Line Up		Group Game: Tell Me a Story
1:00 – 2:00pm		Creative Cooking: No bake cereal bars	Dodgeball		Creative Art: 3D Hand Art
2:00– 3:00pm		Basketball	Swimming		Swimming
3:00– 4:00pm		Snack & Group Games	Snack & Group Games		Snack & Group Games
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				



YWCA Active Kids SR Summer Camp Week 7



CAMP HOURS

Monday–Friday
9:00am–4:00pm

Extended Care
7:30am–9:00am
4:00pm–5:45pm

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00 – 10:00am	Science Experiment: Jelly Fish in a bottle	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Creative Cooking: Puppy Chow Trail Mix	Trip to Bronte Creek!!! Please come pre- pared with a lunch and swim attire <u>We will be leaving promptly at 9am</u>	Group Game: Around the World
10:00 – 11:00am	Splash Pad Fun at Durand Park		Group Game: Hot Chocolate River		Creative Art: Free Flow
11:00– 12:00pm			Science Experiment: Glowing Ice and Oil		Group Game: Fort Dodgeball
12:00– 12:30pm	Lunch	Lunch	Lunch		Lunch
12:30 – 1:00m	Group Game: Keep Up	Group Game: Octopus	Group Challenge: Search by Sound		Soccer Baseball at Whitehern
1:00– 2:00pm	Creative Art: Rainbows in a Bag	Creative Art: Tye Dye Coffee Filter Art	Outdoor play at Central School playground	Tower Building Competition	
2:00– 3:00pm	Swimming	Musical Move Challenge	Swimming	Swimming	
3:00 – 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				

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YWCA Active Kids SR Summer Camp Week 8



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Extended Care
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4:00pm–5:45pm

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children's interests.				
9:00 – 10:00am	Science Experiment: Soap Clouds	Local Community Outing : May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Creative Art: Making Bird Houses	Apple Science	Summer End Camp Carnival!! Please come pre- pared with a lunch, and extra water <u>We will be leaving promptly at 9:00</u>
10:00 – 11:00am	Creative Art: Make your own soap		Group Game Prison Ball	Outdoor Water Play at Whitehern	
11:00 – 12:00pm	Soccer at Durand Park		Science: Lemon Volcanoes		
12:00– 12:30pm	Lunch	Lunch	Lunch	Lunch	
12:30– 1:00m	Group Game: Squirt	Group Game: Silent Ball	Group Game: Toilet Tag	Group Game: Statue	
1:00 – 2:00pm	Outdoor play at Whitehern	Creative Art: Finger Knitting	Outdoor play at Cen- tral Park	Creative Cooking: Banana Splits On a Stick	
2:00– 3:00pm	Swimming	Group Game: Freeze tag	Swimming	Swimming	
3:00– 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children's interests.				

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YWCA Active Kids SR Summer Camp Week 9



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Extended Care
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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 9:00am	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				
9:00 – 10:00am	Creative Science: Designing individual playdough	Local Community Outing: May Include a Trip to Hamilton Farmers Market, Central Library, Bayfront Park, Durand Park, HAAA Park or Central Park.	Science Experiment: Marshmallow Shooters	Trip to Central Park!!! Please come pre- pared with a lunch and swim attire <u>We will be leaving promptly at 10am</u>	Outdoor Games at H.A.A.A Park
10:00– 11:00am	Sand Paper T-Shirt Project		Creative Art: Perler Bead Bowls		
11:00– 12:00pm	Group Game: Heads up 7 Up		Team Builder: Magic Carpet		
12:00 – 12:30pm	Lunch	Lunch	Lunch		
12:30 – 1:00pm	Soccer-Baseball at Whitehern	Riddle Challenge	Outdoor Sketches at Durand Park		
1:00– 2:00pm	Creative Cooking: Strawberry Smoothies	Capture the Flag	Cup Stacking Challenge	Soccer at Whitehern	
2:00– 3:00pm	Swimming	Creative Art: Making Wish bracelets	Swimming	Swimming	
3:00– 4:00pm	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games	Snack & Group Games
4:00 – 5:45pm	Extended Care: Variety of activities planned and spontaneous to support the children’s interests.				