



# Adult Aquatics Schedule September 16 – December 1, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Aqua Lengths</b> 6:30-9:00am	<b>Aqua Lengths</b> 6:30-9:00am	<b>Aqua Lengths</b> 6:30-9:00am	<b>Aqua Lengths</b> 6:30-9:00am	<b>Aqua Lengths</b> 6:30-9:00am	
	<b>Aqua Fit</b> 9:00-9:30am	<b>Aqua Fit</b> 9:00-9:45am	<b>Aqua Fit</b> 9:00-9:30am	<b>Aqua Fit</b> 9:00-9:45am	<b>Aqua Fit</b> 9:00-9:30am	
	<b>Aqua Lengths</b> 9:30-10:00am	<b>Aqua Lengths</b> 9:45-10:15am	<b>Aqua Lengths</b> 9:30-10:00am	<b>Aqua Lengths</b> 9:45-10:30am	<b>Aqua Lengths</b> 9:30-10:00am	<b>Aqua Sweat!</b> +1 lane 10:30-11:15am
	<b>Gentle Waters</b> 10:30-11:30am		<b>Aqua Baby Boot Camp</b> 11:00-12:00pm *registered program Sept 18-Nov 22	<b>Gentle Waters</b> 10:30-11:30am	<b>Women only Swim Lessons</b> 10:30-11:15am	
	<b>Aqua Lengths</b> 11:30-12:00pm	<b>Aqua Lengths</b> 11:30-12:10pm		<b>Aqua Length</b> 11:30-12:10pm	<b>Aqua Lengths</b> 11:30-12:10pm	
<b>Aqua Fit +1 lane</b> 12:30-1:00pm	<b>Aqua Sweat! + 1 lane</b> 12:00-12:45pm	<b>Aqua Tabata + W-Alive!</b> 12:10-12:40pm	<b>Aqua Sweat! + 1 lane</b> 12:00-12:45pm	<b>Aqua Fit + 1 lane</b> 12:10-12:40pm	<b>Aqua Fit + 1 lane</b> 12:10-12:40pm	
<b>Women &amp; Girls Open Swim</b> 1:00-2:00pm	<b>Aqua Lengths</b> 12:45-1:00pm	<b>Aqua Lengths</b> 12:40-1:00pm	<b>Aqua Lengths</b> 12:45-1:00pm	<b>Aqua Lengths</b> 12:40-1:00pm	<b>Aqua Lengths</b> 12:40-1:00pm	<b>Open Swim</b> 1:00-2:00pm
	<b>Aqua Motion Beyond Breast Cancer</b> 1:30-2:15pm *registered Program Sept 18-Nov 27					
			<b>Masters Swim</b> 5:00-6:00pm			
	<b>Aqua Lengths</b> 4:00-5:00pm	<b>Aqua Fit +1lane</b> 5:15-6:00pm	<b>Women &amp; Teen girls Open Swim</b> 8:00-9:00pm	<b>Aqua Lengths</b> 4:00-5:00pm	<b>Aqua Fit (2) + 1 lane</b> 5:15-6:00pm	

Women

