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MONTHLY UPDATE

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Last day with Cohort 3 in the SISTER Program



Our Learn & Network event this month was with Rosita Hall



Women’s Entrepreneurship group 6 during a workshop at YWCA Hamilton



October is Small Business Month!

Book these dates in your calendar

Hamilton Central Library, 4th Floor from 5:00PM to 6:00PM

- Oct 16 – Why become an entrepreneur
- Oct 23 – Opportunities for Internationally Trained Individuals

Hamilton Barton Branch at 6:30PM

- Oct 23 – Why become an entrepreneur

Hamilton Valley Park Branch at 6:30PM

- Oct 25 – Grants & Fundraising

YWCA Hamilton – SALC Auditorium at 5:30PM to 7:30PM

- Oct 19 – Small Business Tradeshow (Haunted Night Market)

Need us to come to you and tell you about the programs we run? How about facilitating a workshop for your clientele? Let's talk.

Learn & Network Event

Topic: 'Small Business Tradeshow'
Theme: Haunted Night Market



Join us for our haunted market held by the participants who have completed programming with us and our community supporters. Come prepared to purchase items in preparation of the upcoming holidays and be prepared to get spooked!

Entry fee is by donation. Give what you can.
No registration required as all are welcome.

Vendor spots still available for purchase.
Please contact mmarceta@ywcahamilton.org

Date: Thursday, October 19
5:30PM to 7:30PM

1stBiz is back in Hamilton for its third and final group of the pilot program in partnership with FirstOntario Credit Union & YWCA Hamilton.

Applications are due October 6

Join this amazing program and get your business up and running. Classes are every Monday beginning October 16 to Dec 11 from 9:30am to 3:30pm. Contact mmarceta@ywcahamilton.org to apply!



Calling all youth seeking employment and Hamilton employers

YWCA Hamilton is recruiting participants and employers for our SISTER (Success in Service Training and Employment Retention) Program! The SISTER Program is a youth employment program involving four weeks of paid training and 12 weeks of paid placement in the service sector.

To be eligible for the program, you must be:

- A woman between the ages of 15 and 30 at the time of intake
- Not in receipt of Employment Insurance (EI) benefits
- Legally entitled to work in Canada and Ontario
- A Canadian citizen, permanent resident, or person who has been granted refugee status in Canada under the Immigration and Refugee Protection Act
- In need of assistance in order to overcome employment barriers

New groups are starting every seven weeks until 2019!

FOR MORE INFORMATION

Eligible youth and/or employers interested in hosting a placement participant with a wage subsidy offer from YWCA Hamilton are invited to contact:

Sabrina Douglas
sdouglas@ywcahamilton.org
(905)522-9922 x 175

Erzsebet Gutfalvi
egutfalvi@ywcahamilton.org
(905)522-9922 x 147

Fall into Bridging to Employment!

Bridging to Employment for Internationally Educated Professionals (IEPs)

by Uzma Qureshi, Career Development Specialist

Beginning October 2017, we will be offering Project Management and GIS courses to our bridging program participants. To register or for more information please give us a call at (905) 522-9922 x 150.

In parallel to the courses we strive to assist program participants' work on career goals, resume writing, interview skills and networking.

We are sure to continuously remind our IEP's that when you are asked about Canadian experience, go ahead and tell employers/colleagues/acquaintances about your global experience! We firmly believe global experience and perspective can encourage innovation in any sector or industry. It is something unique that IEP's have and should speak to proudly!

BRIDGING REGISTRATION

Uzma Qureshi
uqureshi@ywcahamilton.org
(905)522-9922 x 150



Equitable Pathways Highlight

by Banafsheh Rafah, Program Coordinator

Equitable Pathways to Technical Fields and Skilled Trades Project, funded by the Status of Women Canada, will focus on identifying barriers for engaging young women in technology and trades, to create equitable pathways for female students to enter skilled trades and technical fields from high school.

YWCA Hamilton shall work collaboratively with the School Boards, other key stakeholders, and community partners on best practices to assist young women with a positive career choice in these industries.

For the past month, we have been busy inviting wonderful experts to sit on our advisory committee to help us identify best practices to implement and barriers that need to be addressed. Also, members of advisory committee shall provide consistent support and direction for this project.

We are excited to have the first advisory committee meeting in November 2017 at YWCA Hamilton Building.

EQUITABLE PATHWAYS INFORMATION

Banafsheh Rafah
brafeh@ywcahamilton.org
 (905)522-9922 x 335

T.O.P. Participants

by Jaswinder Singh, Employment Counsellor/Job Developer

T.O.P. has had quite the exciting month! Our first group of T.O.P. participants are completing their six weeks of one-on-one coaching and their group workshops! This month, T.O.P. welcomed guest speaker Amanda Carey from the Mental Health Coalition. Amanda presented the Mental Health Awareness Workshop to T.O.P. participants where they learned more about their mental health within the workplace, managing work-life balance, and how to create a mentally healthy workplace environment. A big thank you goes out to Amanda for all her guidance and information provided during the workshop! If individuals are interested in peer support and additional information on mental health, they can connect with the Mental Health Coalition located on 100 Main St E, Suite 103.

While T.O.P. participants are in the midst of completing their one-on-one coaching, we are searching for T.O.P. Employers who are preparing their businesses to be accessible, improve employee satisfaction and are building an inclusive corporate culture within their workplace!

T.O.P. participants are showing interests in many different industries such as,

- Customer/Food Services
- Administrative Services
- Childcare Services
- Cleaning/Maintenance Services
- Marketing & Development Services
- And more!

If you are looking to become a T.O.P. employer and are interested in providing workplace experiences for our participants, contact us for more information!

T.O.P. INFORMATION

Jaswinder Singh
jsingh@ywcahamilton.org
 (905)522-9922 x 179

Kathryn Wrong
kwrong@ywcahamilton.org
 (905)522-9922 x 318

STEM Girls Club Returns for Year 2

by Ilana Allice, Program Coordinator

The YWCA Hamilton STEM Girls Club has returned to action with 11 girls returning for a second year!

We have already begun to explore the worlds of Science, Technology, Engineering and Math through experimentation with 3D printing and green screen technologies at the Hamilton Public Library's 'Makerspace', as well as guest speakers from the Engineering world. Our future plans include exposure to women and careers in the trades, adventures in coding, more fieldtrips to post-secondary schools, and planning for the future together.

Please note: there are 4 SPOTS STILL AVAILABLE. Please get in touch if you know girls in Hamilton, who are:

- starting Grade 7 this fall
- are interested in Science, Technology, Engineering, and Math
- are able to attend the program on Tuesday and Thursday from 3:30pm to 5:30pm throughout the school year
- and would benefit from support to attend post-secondary studies,

STEM GIRLS CLUB INFORMATION

Ilana Allice
iallice@ywcahamilton.org
 (905)522-9922 x 176
 (905)452-4802

Smart Serve Training
 Held the last Thursday of every month.

Next Training Date:
Thursday, October 26.
 9:30AM to 3:30PM
Cost: \$33.90 (tax included)
Location: Training Room A
RSVP before: Friday, October 13
 to mmarceta@ywcahamilton.org
 or (905)522-9922 x 152



T.O.P. participants engaging in the Mental Health Awareness Group Workshop with guest speaker Amanda Carey from the Mental Health Coalition

House Purging in Hamilton

by Mirela Marceta, Business Coach

How do you clean up after your parents, after they've spent their lives cleaning up after you? You hire someone to do it for you. At least, that's one option Hamiltonians are taking to purge their family homes after their family members leave it all behind. The House Purger is a Hamilton based company that takes care of cleaning out a home; everything from sorting, packing, donating, storing, cleaning and staging the home in preparation for sale. They specialize in hoarder homes and have some pretty impressive photos of past jobs posted on their website to show how thorough they truly are. Every service comes with a guarantee that it will be carried out with compassion, honesty and integrity, with the option of using chemical free cleaning products unless otherwise requested by the client.

Lynda Hykin is the owner of The House Purger and brings her 15 years experience in home staging and residential cleaning services to those who are in need. Lynda started The House Purger to help others like her, after it took three long and emotional months to clean out her mother's hoarder home after her mother had a stroke forcing her into a long term care facility. Lynda is also a published author, coach and motivational speaker that brings a lighthearted approach to what can be a very difficult situation.

In 2016, The House Purger took the 1stBiz program that is provided by FirstOntario Credit Union and YWCA Hamilton to boost business and create a plan for a sustainable future for themselves to ensure their services would be around for years to come. The World Health Organization projects that by 2020, there will be 1.2 billion seniors worldwide, this means that the demand for services like The House Purger will increase since these individuals may be looking to leave their family homes and enter retirement communities, long term care facilities or sadly passing away. Like other community minded entrepreneurs, Lynda took the 1stBiz program and came to the realization that she didn't "need to be doing this on [her] own". She states that the program helped her build a business plan which "is the solid foundation [she] needed to show a realistic overview of [her] business". Lynda has received multiple grants since joining 1stBiz and continues to succeed by providing talks in the community and attending business networking events.



MORE INFORMATION

Mirela Marceta
mmarceta@ywcahamilton.org
 (905)522-9922 x 152

Keep up to date with the House Purger on their upcoming talks on 'Intentional living: Generational co-housing', by visiting www.thehousepurger.com



Employment Services Calendar

Monday - Friday from 8:30am - 4:30pm

75 MacNab Street South | Phone: 905-522-9922 ext. 141

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Resource Centre OPEN 8:30 AM – 4:30 PM	3 Resource Centre OPEN 8:30 AM – 4:30 PM	4 Resource Centre OPEN 8:30 AM – 4:30 PM	5 Resource Centre CLOSED 9:30 AM – 11:00 PM Business Programs	6 Resource Centre OPEN 8:30 AM – 4:30 PM
9 Resource Centre OPEN 8:30 AM – 4:30 PM	10 Resource Centre OPEN 8:30 AM – 4:30 PM	11 Resource Centre OPEN 8:30 AM – 4:30 PM	12 Resource Centre CLOSED 9:30 AM – 11:00 PM Business Programs	13 Resource Centre OPEN 8:30 AM – 4:30 PM
16 Resource Centre OPEN 8:30 AM – 4:30 PM	17 Resource Centre OPEN 8:30 AM – 4:30 PM	18 Resource Centre OPEN 8:30 AM – 4:30 PM	19 Resource Centre CLOSED 9:30 AM – 11:00 PM Business Programs	20 Resource Centre OPEN 8:30 AM – 4:30 PM
23 Resource Centre OPEN 8:30 AM – 4:30 PM	24 Resource Centre CLOSED 1:30 PM – 3:30 PM SISTER	25 Resource Centre OPEN 8:30 AM – 4:30 PM	26 Resource Centre CLOSED 9:30 AM – 11:00 PM Business Programs	27 Resource Centre OPEN 8:30 AM – 4:30 PM
30 Resource Centre CLOSED 12:30 PM – 3:30 PM SISTER	31 Resource Centre OPEN 8:30 AM – 4:30 PM			

To book an appointment please contact Karolina at 905-522-9922 ext. 141 or email KPortillo@ywcahamilton.org

