



Adult Aquatics Schedule December 10, 2017 to January 7, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed Dec 24 & 31	Closed Dec 25 & Jan 1	Closed Dec 26				Closed Dec 23 & 30
	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	
	Aqua Fit 9:00-9:30 a.m.	Aqua Fit 9:00-9:45 a.m.	Aqua Fit 9:00-9:30 a.m.	Aqua Fit 9:00-9:45 a.m.	Aqua Fit 9:00-9:30 a.m.	Aqua Lengths 8:30-9:00 a.m.
	Aqua Lengths 9:30-10:00 a.m.	Aqua Lengths 9:45-10:15 a.m.	Aqua Lengths 9:30-10:00 a.m.	Aqua Lengths 9:45-10:30 a.m.	Aqua Lengths 9:30-10:00 a.m.	Aqua Sweat! +1 lane 9:00-9:45 a.m.
	Gentle Waters 10:30-11:30 a.m.			Gentle Waters 10:30-11:30 a.m.		Aqua Lengths 9:45-10:30 a.m.
Aqua Lengths 11:30-12:30 a.m.	Aqua Lengths 11:30-12:00 p.m.	Aqua Lengths 11:30-12:10 p.m.	Aqua Lengths 11:30am-12:10 p.m.	Aqua Length 11:30-12:10 p.m.	Aqua Lengths 11:30-12:10 p.m.	
Aqua Fit +1 lane 12:30-1:00 p.m.	Aqua Sweat! + 1 lane 12:00-12:45 p.m.	Aqua Tabata + W-Alive! 12:10-12:40 p.m.	Aqua Tabata + 1 lane 12:10-12:40 p.m.	Aqua Fit + 1 lane 12:10-12:40 p.m.	Aqua Fit + 1 lane 12:10-12:40 p.m.	
Women & Girls Open Swim 1:00-2:00 p.m.	Aqua Lengths 12:45-1:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	
			Masters Swim 5:00-6:00 p.m. No Dec 27 swim			
		Aqua Fit +1lane 5:15-6:00 p.m.	Aqua Lengths 6:00-8:00 p.m. Jan 3 only		Aqua Lengths 4:15-5:15 p.m. (No Dec 29 swim)	
	Aqua Lengths 5:30-7:00 p.m.	Aqua Lengths 6:00-7:00 p.m.	Women & Teen girls Open Swim 8:00-9:00 p.m. (No Dec 27 swim)	Aqua Lengths 5:30-7:00 p.m. (No Dec 28 Jan 4 swim)	Aqua Fit + 1 lane 5:15-6:00 p.m. (No Dec 29 swim)	

Women

