



## Adult Aquatics Schedule September 2 - 15, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Closed Sept 2 &amp; 9</b>	<b>CLOSED September 3</b>	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	Aqua Lengths 6:30-9:00 a.m.	
	Aqua Lengths 6:30-9:00 a.m.	Aqua Fit 9:00-9:45 a.m.	Aqua Fit 9:00-9:30 a.m.	Aqua Fit 9:00-9:45 a.m.	Aqua Fit 9:00-9:30 a.m.	
	Aqua Fit 9:00-9:30 a.m.	Aqua Lengths 9:45-10:00 a.m.	Aqua Lengths 9:30-10:00 a.m.	Aqua Lengths 9:45-10:15 a.m.	Aqua Lengths 9:30-10:00 a.m.	Aqua Sweat! +1 lane 9:00-9:45 a.m.
	Aqua Lengths 9:30-10:00 a.m.	Aqua Lengths 11:30-12:10 p.m.		Gentle Waters 10:30-11:30 a.m.		Aqua Length 9:45-10:30 a.m.
	Gentle Waters 10:30-11:30 a.m.	Aqua Tabata + W-Alive! 12:10-12:40 p.m.	Aqua Tabata + 1 lane 12:10-12:40 p.m.	Aqua Lengths 11:30-12:10 p.m.	Aqua Lengths 11:30-12:10 p.m.	Open Swim 10:30-11:30 a.m.
	Aqua Lengths 11:30-12:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	Aqua Fit + 1 lane 12:10-12:40 p.m.	Aqua Fit + 1 lane 12:10-12:40 p.m.	
	Aqua Sweat! + 1 lane 12:00-12:45 p.m.	Women Only Swim 1:00-1:30 p.m.	Women Only Swim 1:00-1:30 p.m.	Aqua Lengths 12:40-1:00 p.m.	Aqua Lengths 12:40-1:00 p.m.	
	Aqua Lengths 12:45-1:00 p.m.		Masters Swim 5:00-6:00 p.m.			
		Aqua Fit +1lane 5:15-6:00 p.m.		Aqua Fit 5:15-6:00 p.m.		
		Aqua Lengths 6:00-7:00 p.m.	Women's & Teens Only Open Swim 8:00-9:00 p.m.	Aqua Lengths 6:00-7:00 p.m.		

Women

